



### **Safe Visiting Practices and Guidelines:**

Chinook Village recognizes that social interaction is essential to good quality of life and well-being. Residents who are not required to isolate or quarantine are permitted and encouraged to visit with other residents who are not required to isolate or quarantine. These visits may be in a resident room or in a common area.

Supportive Living and Assisted Living residents are permitted to visit with each other, however, Independent Living residents are considered 'visitors' at this time.

Assisted Living and Supportive Living residents can go off-site and visit Independent Living residents.

### **Designated Visitors Indoor Process:**

Each resident may designate up to a maximum of 2 adults (over the age of 18 years) who may visit in the suite at the same time, if space permits. These 2 designated visitors should be consistent, changing rarely (e.g.: hospitalization).

All visits are to be pre-booked with Reception who will update the master schedule of visitors.

Visitors must:

- Screen at Reception: ID required, Screening questionnaire, and temperature taken;
- Information on unknown exposure to COVID, safe visiting guidelines;
- Hand sanitize before, during and after visit;
- Mask (bring your own mask), and physical distance as much as possible;
- Visit resident in-suite only (Visitors are permitted to get resident mail enroute).

Visitors will NOT be allowed entry if they:

- Have any symptoms consistent with COVID-19; or
- Are on self-isolation for COVID-19 because they have tested positive; or
- Have been in close contact with a confirmed case; or
- Have returned from travel outside Canada within the previous 14 days.

Whenever possible, it is recommended a 'standing' schedule be established for regular designated visitors.

Visits should be scheduled during non-peak time (e.g. afternoon preferred) and should be completed by 8:00 pm.

Designated visitors are permitted to bring gifts, including homemade or purchased food or flowers/plants.

Depending on the risk level of the individual, and at the discretion of Chinook Village, some items may be required to be cleaned and disinfected by the individual or quarantined for a period of time (when disinfecting is not possible).

**Outdoor Visits:** (Maximum 4 Visitors, No Age Restrictions)

You can have 4 visitors (these do not need to be designated visitors) plus yourself when visiting outside (5 in total).

Limits may be set for visitations to meet all requests and not overwhelm Chinook Village. At all times, visitors must maintain 6 feet social distancing or mask if not able to social distance.

**Outdoor Visitation Indoors:**

In the case of inclement weather, contact Reception and they will arrange for you to visit in either the Board Room, Entrance 10 or another Lounge. These visits must be **pre-booked** through Reception and be 1 hour in length to better accommodate all requests.

Opportunity exists to open more common areas for visiting dependent on Site Risk Tolerance Assessment.

**Resident Off-Site Leaves:**

Residents are permitted to leave the site for extended stays (over 24 hours) off-site (e.g. visits to family cabin, weekends at family house, etc.)

Upon returning, this is not an automatic 14 days isolation, rather a **Risk Tolerance Level**. Risk Levels (Safety Precautions) will be determined frequently (Low, Medium, High) upon their return.

- **Low Risk:** Resident will be asked to self-check for symptoms for 14 days after returning.
- **Medium Risk:** Resident will be asked to continuous mask for 14 days while out of their suite.
- **High Risk:** 14 days quarantine after returning

A person's risk of unknown exposure to COVID-19 varies, based on their risk tolerance and activities:

Low Risk:	Medium Risk:	High Risk:
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> <li>▪ Lives in an area of low COVID-19 exposure;</li> <li>▪ Transferred from hospital or setting with no outbreak or cases under investigation;</li> <li>▪ Part of a small cohort (15 or less) who practice physical distancing and masking; <b>Note:</b> You are part of a larger <i>cohort</i> therefore have a lower risk tolerance.</li> <li>▪ Not had guests at home in the past 14 days;</li> <li>▪ Takes essential outings only;</li> <li>▪ Uses own vehicle;</li> <li>▪ Consistently maintains 2 metres of distance from those from outside households;</li> <li>▪ Mask worn when cannot maintain physical distancing;</li> <li>▪ Consistent hand hygiene;</li> <li>▪ No interprovincial travel within the last 14 days.</li> </ul>	<p><i>There will be many variations that arise between high and low risk of unknown exposure.</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> <li>▪ Lives in an area of high COVID-19 exposure;</li> <li>▪ Transferred from a hospital or other setting with an outbreak or under investigation;</li> <li>▪ Visited a location with a declared COVID-19 outbreak in the last 14 days;</li> <li>▪ Part of a large cohort (more than 15);</li> <li>▪ Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance;</li> <li>▪ Had guests in home in last 14 days;</li> <li>▪ Outings where contact with others outside household is likely;</li> <li>▪ Use of public transit or carpooling where distancing is not consistently maintained, and masking not used;</li> <li>▪ Does not maintain social distancing and does not wear a mask;</li> <li>▪ Infrequent or inconsistent hand hygiene;</li> <li>▪ Interprovincial travel within the past 14 days.</li> </ul>

**Resident Outing Guidance:**

If a resident leaves through the parkade, upon return, they are required to screen first at Reception and then go park their vehicle.

Residents are encouraged to mask off-site, sanitize, keep 6 feet social distance and remain vigilant in their actions to protect themselves and those around them.

All residents must screen upon their return at Reception at the main entrance.

**For Example:**

Residents who follow all Resident Outing requirements are considered low risk and will not be required to wear a mask or quarantine upon their return but need to symptom check twice daily.

Church and large family gatherings (weddings, etc.) are the super spreader events right now. Why? Less vigilance, buffet food lines, and more touching.

Not everyone who gets COVID has symptoms. It is up to Chinook Village to have conversations with you re: where you were, what you were doing, and who you were with, and if safety precautions were always in place while off-site.

If an outbreak is declared on-site (by CMOH), residents will be notified, and the restrictive different protocols will be implemented.

Discussion will occur with those off-site for more than 24 hours and when outings (daily) are of concern.

### **Safe Transportation:**

Residents, families and designated family/support persons/visitors are responsible for contributing both to their safety and to the safety of the other residents and staff at the site which the resident will return.

### **Transportation within Private Vehicles:**

(e.g. If resident drives self or when a visitor or family member picks up a resident.)

- The resident or visitor/family member will ensure that the vehicle has been cleaned and disinfected prior to the resident entering, with focus on high touch surfaces (e.g. handles, steering wheel, window controls, armrest, seat belts, etc.) If the resident is driving their own private vehicle, this is not required.
- When driving with passengers, driver and all passengers must wear a mask. The driver and resident/passengers will sit as far apart as possible, minimizing the number of passengers in the vehicle (e.g. one driver with resident sitting as far away as possible). Residents are encouraged, but not required, to restrict their outings for essentials such as going for groceries, to the pharmacy or for medical appointments.

**Public Transit:** (including city busses, handi-bus, taxi, uber, etc.)

- Wear a mask.
- Maintain safe physical distancing by maintaining as much distance as possible between yourself and other riders.
- Frequently use hand sanitizer and especially after having contact with high touch surfaces (e.g. armrests, doors and railings, handles, etc.) and sanitize your hands upon exit.

### **Volunteers:**

Volunteers are able to return and must follow all visitor Guidelines.

Volunteers will be working in the **Corner Store**.

The **Library** is open with designated times for Assisted Living, Supportive Living and Independent Residents to use the Library.

We are working towards opening the **Ice Cream Parlour** in October with structured times for Assisted Living, Supportive Living and Independent Living to attend.

**Essential Service Providers:**

Massage Therapists and Nail Technicians may come into your suite.

They/you are required to pre-book with Reception.

Upon their arrival, they must screen at Reception and must wear a mask at all times.

**Group Recreation:**

The Program Department will organize card games, following the restrictions laid out in the new Order. Residents are not permitted to play card games in open lounges.

The Fitness Centre will be opening soon.

You can invite family to join you for a meal in the Board Room, but it must be pre-booked through Reception. Same rules apply as for Outdoor Visits.

Outdoor music concerts can occur when following the Public Health Guidance; Audiences must be restricted to residents and persons that are supporting them.

Group sizes, both indoor and outdoor, are based on the size of the space and ability to adhere to Public Health Guidance.

There is still no singing as it is considered high risk.

**Exceptions:**

Exceptions can be done case-by-case by contacting Linda Hygard, Managing Director (e.g.; end of life situation, change in health status or pressing circumstances).

Please know that all guidelines provided are based on Site Risk Assessments in compliance with the Chief Medical Officer of Health orders.

These orders are enforceable.

For more information, visit [www.alberta.ca/COVID-19](http://www.alberta.ca/COVID-19).