

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>It is our policy to conduct resident activities as scheduled. If a calendar modification is necessary, every attempt will be made to post any changes in advance.</p>	<p>LEGEND (2) 2nd Floor, Activity Room (3) 3rd Floor, Lounge (4) 4th Floor, Chapel (6) Main Entrance (2L) 2nd Floor Dining Lounge (T) Terrace Room</p>					1
2	3	4	5	6	7	8
<p>2:30 Chapel (4)</p> <p>Groundhog Day</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2) 2:00 Helping Hands: Folding Laundry (2) 6:30 Hymn Sing (4)</p>	<p>9:30 Chair Yoga (3) 10:30 Balance Fitness (2) 2:00 Stitch and Knit (4L) 2:00 Word Puzzles (2)</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Sudoku (2L) 2:00 Craft: Valentine's Day Wreath (2)</p>	<p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Games (2L)</p>	<p>9:30 Sit n Be Fit (2) 10:30 Wheel of Fortune (2) 2:00 Meet and Greet Coffee Party (2L)</p>	
9	10	11	12	13	14	15
<p>2:30 Chapel (4)</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2) 2:00 Helping Hands: Folding Laundry (2)</p>	<p>9:30 Chair Yoga (3) 10:30 Virtual Bowling (3) 1:00 B12/Blood Pressure Clinic (4) 2:00 Birthday Party (T) "Happy Gang"</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Mother Nature Preschool Visit: Friendship Bracelets (2L) 2:00 Pictionary (2L)</p>	<p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Learn to Play Whist (2L) 6:30 Joyful Melody Trio (T)</p>	<p>9:30 Sit n Be Fit (2) 10:30 Card Bingo (2L) 2:00 Happy Hour (2L)</p> <p>Valentine's Day</p>	
16	17	18	19	20	21	22
<p>2:30 Chapel (4)</p>	<p>Family Day</p>	<p>9:30 Chair Yoga (3) 10:30 Walking (2) 1:30 Helping Hands: Folding Laundry (2) 2:00 Stitch and Knit (4L)</p>	<p>9:30 Sit n Be Fit (2) 10:00 Sign up for Picnic in the Atrium (2) 10:00 Coffee and Chat (2L) 10:30 Mother Nature Preschool Visit (2L) 2:00 Resident Council Meeting (2L)</p>	<p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Learn to Play Skip-Bo (2L) 6:30 Band (T) "Silver Sage"</p>	<p>9:30 Sit n Be Fit (2) 10:30 Cryptogram Puzzles (2) 12:00 Picnic in the Atrium: Subs from Subway 2:00 Musical Memories (2)</p>	
23	24	25	26	27	28	29
<p>2:30 Chapel (4)</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2) 2:00 Helping Hands: Folding Laundry (2)</p>	<p>9:30 Chair Yoga (3) 10:30 Balloon Tennis (2) 12:00 Men's Luncheon (2L) 2:00 Stitch and Knit (4L) 2:00 Movie and Popcorn (4) "Little Rascals"</p>	<p>9:30 Sit n Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Mother Nature Preschool Visit: Baking Tea Biscuits (2L) 2:00 Pen Pal Letters (2L)</p>	<p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Games (2L) 6:30 Band (T) "The Buckets"</p>	<p>9:30 Sit n Be Fit (2) 10:00 Visit from Cape School (2L) 2:00 Bingo (2L)</p>	